



# PANTHER NATION

## NRHEG PUBLIC SCHOOLS

School and Community Activities and Information

**PROUDLY EMBRACING THE COMMUNITIES OF:** NEW RICHLAND, HARTLAND, ELLENDALE, AND GENEVA

District Census. Special Events. Early Childhood Family Education.



Preschool. Early Childhood Screening. School Age Care.

**OCTOBER - DECEMBER 2023**

**Stay Connected with the NRHEG School District!**

[www.nrheg.k12.mn.us](http://www.nrheg.k12.mn.us)

FACEBOOK

NRHEG Elementary School

NRHEG Secondary School

NRHEG Community Education

NRHEG ECFE

# SPOTLIGHT PROGRAM "Early Childhood Education"

District Census, Early Childhood Family Education, Early Childhood Screening, Panther Preschool, School Age Care

## What is Early Childhood Education and why is it so important?



Simply put, Early Childhood Education (ECE) is considered the official term for teaching young kids. More specifically, it refers to formal and informal educational programs that guide the growth and development of children throughout their preschool years (birth to age five).

ECE encompasses a wide variety of activities designed to promote children's cognitive and social development before entering kindergarten. Some programs primarily focus on school and academic readiness while others embrace a "whole child" approach that emphasizes mental and emotional preparedness.

The purpose of ECE is to provide children with strategies that help them develop the emotional, social and cognitive skills needed to become lifelong learners.

The following skills are considered to be the most important for young learners to master: language and literacy, thinking, self-control, and self-confidence. ECE curriculums are set up to encourage young students to learn about themselves and the world via experiences. This could include indoor or outdoor play, cooperative or individual play, dramatic play, sensory play, and constructive play to name just a few!

There is a large body of research that suggests a high-quality ECE program can have a positive long-term effect on the lives of children. The National Education Association (NEA) states that research shows children who receive a high-quality education before they turn five enjoy significant medium- and long-term benefits. Children in early childhood education programs are:

- Less likely to repeat a grade
- Less likely to be identified as having special needs
- More prepared academically for later grades
- More likely to graduate from high school
- More likely to be higher earners in the workforce



Here at NRHEG Community Education we offer a variety of early learning programs and classes. Please take the time to look through each of our four NRHEG District Brochures that are mailed to you throughout the year to find different activities and classes not only for your young learner, but for everyone!

**But the District Census??** Community Education activities & programs are funded in a variety of ways including state aid and local levy dollars based on a funding formula established by the Minnesota State Legislature (which is why it is *extremely important to fill out your school district census* form (page 7) when there is a new birth in your family or when you move into town – a portion of our funding is based on the census!), participant fees (enrichment, recreation, early childhood family education (ECFE), driver education, special events, School Age Care, and Preschool), grants, donations, and other local sources.

Even though most of our classes & activities are fee based, we have a wide range of scholarships and sliding fee scales that are available so all children are able to participate in the activities we are proud to offer!



## DISTRICT CONTACT INFORMATION:

**Our Mission:** Empowering students with knowledge and skills to succeed.

**Our Vision:** To be the school district of choice, inspiring excellence in academics, arts, and activities.

<p><b>DISTRICT OFFICE:</b>                      Superintendent: Michael Meihak <a href="mailto:mmeihak@nrheg.k12.mn.us">mmeihak@nrheg.k12.mn.us</a>                      Admin. Assistant: Sue Kulseth. <a href="mailto:skulseth@nrheg.k12.mn.us">skulseth@nrheg.k12.mn.us</a>                      Phone: 507-465-3205 Fax: 507-465-8633</p>	<p><b>COMMUNITY EDUCATION:</b>                      Director: Macy Whiteside <a href="mailto:mwhiteside@nrheg.k12.mn.us">mwhiteside@nrheg.k12.mn.us</a>                      Phone: 507-417-2667 Fax: 507-465-8633                      Assistant: Stacy Hutchens: <a href="mailto:shutchens@nrheg.k12.mn.us">shutchens@nrheg.k12.mn.us</a></p>
<p><b>ELEMENTARY SCHOOL:</b>                      Elementary Principal: Craig Kopetzki  <a href="mailto:ckopetzki@nrheg.k12.mn.us">ckopetzki@nrheg.k12.mn.us</a>                      Admin. Assistant: Jean Greenwood  <a href="mailto:jgreenwo@nrheg.k12.mn.us">jgreenwo@nrheg.k12.mn.us</a> Phone: 507-684-3181                      Fax: 507-684-2108</p>	<p><b>SECONDARY SCHOOL:</b>                      Secondary Principal: Grant Berg  <a href="mailto:gberg@nrheg@nrheg.k12.mn.us">gberg@nrheg@nrheg.k12.mn.us</a>                      Admin Assistant: Teri Kormann <a href="mailto:tkormann@nrheg.k12.mn.us">tkormann@nrheg.k12.mn.us</a>                      Phone: 507-465-3205 Fax: 507-465-8633</p>
<p><b>ATHLETICS / ACTIVITIES:</b>                      Athletic Director: Dan Stork  <a href="mailto:dstork@nrheg.k12.mn.us">dstork@nrheg.k12.mn.us</a>                      Phone: 507-417-2628 Fax: 507-465-8633</p>	<p><b>TRANSPORTATION:</b>                      Site Manager: Dan Schmidt  <a href="mailto:dschmidt@nrheg.k12.mn.us">dschmidt@nrheg.k12.mn.us</a>                      Phone: 507-417-2644</p>

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# NRHEG District Newsletter October 2023

## **A Letter from the Superintendent**



Hello NRHEG Community,

Welcome back to a brand new school year! I am thrilled to begin this journey with all of you as we embark on a year filled with exciting opportunities, growth, and learning. Whether you are returning to our schools or joining us for the first time, I am confident that this year will be one of excellence and achievement.

As we navigate through the year, I want to emphasize the importance of collaboration between all stakeholders. Education is a partnership, and together, we can create an environment where each student feels valued, supported, and empowered to reach their fullest potential. I encourage open communication and active involvement from parents and guardians as we work together to shape the future of our students. I want to extend my deepest gratitude to all our staff who consistently go above and beyond for our students. Your dedication and commitment to education are truly inspiring and appreciated.

To our students, I encourage you to approach this year with enthusiasm and a thirst for knowledge. Remember that each day presents a chance to learn something new and make progress toward your goals. Whether it's in the arts, sports, STEM, or other areas of interest, there will be opportunities for every student to explore their passions and develop new skills.

As we kick off this new school year, let us embrace the challenges and triumphs that lie ahead. Together, we can create a positive and impactful educational experience that will shape the future of our community and beyond.

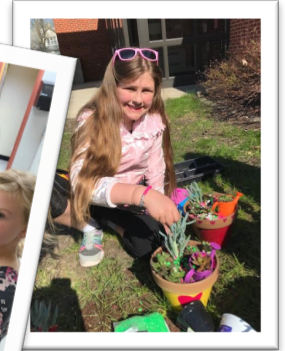
Here's to a successful, rewarding, and inspiring school year!

Sincerely,  
Mr. Meihak  
NRHEG Superintendent

## **What can be found on our website, [nrheg.k12.mn.us/pages/NRHEG](http://nrheg.k12.mn.us/pages/NRHEG)**

Important Information for Parents & Students like our: \*Back to School Information \*Student Handbooks. \*School Supply Lists \*JMC Parent Access \*High School Registration Manual \*1:1 Mobile Device Orientation, Forms & Fees \*Activities Calendar \*Staff Directory with Phone Numbers & Email Addresses \*Meet the Teachers \*Lunch Payment \*Lunch Menus \*Announcements \*Forms from the Nurse \*Inclement Weather Information \*Contact Us \*Transportation Information \*Environmental, Health & Safety Notices \*Employment

Select District or Select a School, navigate the site or for assistance call Sue Kulseth at 507-465-3205 for help locating just what you are looking for. It's all **THERE!**



## What is Community Education?

Community Education is an opportunity for local citizens, community schools, agencies and institutions to become active partners in addressing education and community concerns. Community Education embraces these beliefs: education is a lifelong process, everyone in the community shares a responsibility for the mission of educating all members of the community and citizens have a right and responsibility to link the needs of the resources to improve their community.



## Services



### Youth & Adult Programming

Classes provide youth and adults with educational and recreational programs to gain new skills and knowledge while building strong connections and empowering the community

### Early Childhood Services

- Early Childhood Family Education (ECFE)
- Panther Preschool
- Early Childhood Screening

### Facilities Rental

Need gathering space? We have it!



**Youth Development Scholarships:** Through the generous donation from the EF Johnson Foundation, we are able to offer \$50.00 scholarships per child for summer & fall programming – visit our website for guidelines and download the application or get one from your school office or email Macy at [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)! *Income eligibility based off of the free/reduced lunch scale.*



## Facility Scheduling & Requests

Requests for the use of school facilities are made through the Community Education Office.

Please contact the office at 507-417-2667 and ask for a facility use form or go to the NRHEG website and find the form under Community Education.

A minimum of three week notice for use of facilities is required.

## BECOME AN INSTRUCTOR!!

Share your talents with Community Education.

Community Education classes are flexible and designed to meet the needs of our instructors and the community. Volunteer and salaried positions are available.

For more information call: 507-417-2667

email: [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)

## BIRTHDAY PARTY GYM RENTAL

Is your child having a large birthday party this year and you don't want to host it at home? Then give us a call about renting our school gym & cafeteria! We help clean up the mess and provide your birthday party crew with basketballs, dodgeballs, footballs, a parachute, hoola-hoops, jump ropes, kick balls, etc. Gym Party Rental fee is \$60 for 2 hours of gym time for free play/games and cafeteria time to eat.

Call 507-417-2667 or email [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us) to check on gym availability (Ellendale or New Richland) and to schedule your party!

**FREE**

# HALLOWEEN

KIDFEST

\* Arts & Crafts   \*Treats   \* Games & Activities   \*Costume Contest

Tuesday Oct. 31<sup>st</sup> from 5:00-6:30pm

(stop in before trick or treating begins)

New Richland City Hall

Stop in anytime from 5-6:30pm to get into the spirit of Halloween before a fun night of trick or treating! You can make a craft (while supplies last), play some games, get some candy, and have your picture taken for our Facebook costume contest! Winners will be announced on Friday and you can stop by the school to claim your prize!



Sat.  
Nov 11  
7:00pm

IT'S OUR ANNUAL

# Turkey Bingo

Join us for an evening of Bingo & win a Turkey for your Thanksgiving Dinner!

**\*\*15 Games and a Black Out for \$15 per card\*\***

**Where:** New Richland City Hall

**Time:** 7:00pm (doors open at 6:30pm)

**Hosted by:** the New Richland Commercial Club



FREE family Event!!

**You're Invited**

# Cookies with Santa



**Saturday, Dec. 2**  
Stop in anytime from 9:30-Noon!

New Richland School  
306 Ash Ave. South  
(enter door #1E)

Activities will include...

- Bring your camera & take a picture with Santa & Mrs. Claus (10:00-11:30AM)
- Letters to Santa
- Crafts
- Gift Market
- Cookie decorating
- Reindeer food
- Fun games

Sponsored by the New Richland Commercial Club and Community Education

Do you have a young child at home?



### IS YOUR FAMILY INCLUDED ON THE SCHOOL DISTRICT CENSUS?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? ISD 2168 wants all families with young children to know about our programs and activities. Being on the school census also ensures that you will receive information regarding Early Childhood Family Education classes, Early Childhood Screening, and the Panther Preschool program information. In addition, funding for our Early Childhood Programs is based on the number of children on our census.

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 417-2605 or find the form on our Community Education Website at [www.nrheg.k12.mn.us](http://www.nrheg.k12.mn.us) under the community education tab.

Early childhood screening is mandated by the State of Minnesota for all children entering Kindergarten. The best time to have your child screened is between the ages of 3 and 4.



**A navigator connecting pregnant and parenting families with young children (birth-8 years old) with services in their local communities that empower families to be healthy and safe.**

**mi MINNESOTA** Help Me Connect is an interagency collaboration between Minnesota's Departments of Education, Health and Human Services. For more information, visit

<https://helpmeconnect.web.health.state.mn.us/HelpMeConnect/>



Early Childhood  
**SCREENING**



Are you concerned about your child's development? Help Me Grow is a group of service providers working together to help area families. They provide free early intervention referral services to help families find and coordinate resources for their children aged birth to 5 years old.

- Help Me Grow provides resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.

- Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service agencies.

Early Childhood Screening is FREE and the earlier the BETTER! When your child turns 3, please call 507-417-2667 to schedule a screening appointment.

UPCOMING SCREENING DATES: October 16-17-18, 2023 at the United Methodist Church in Ellendale

This information is needed by NRHEG Public Schools in order to keep accurate records and counts for children ages 0-5 living in the school district. Please make sure to submit this information on all newborns and preschool age children living in the household.

Date: \_\_\_\_\_ Submitted by: \_\_\_\_\_ Location: \_\_\_\_\_



Child's Name: \_\_\_\_\_

Sex: \_\_\_\_\_ Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_  
Male Female Birthdate: \_\_\_\_\_  
Month Day Year

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Place of Birth: \_\_\_\_\_

Mother Name: \_\_\_\_\_ E-mail \_\_\_\_\_  
Last First

Father Name: \_\_\_\_\_ E-mail \_\_\_\_\_  
Last First

Ethnic Group/Race: (please circle one)

- 1. American Indian or Alaskan Native
- 2. Asian
- 3. Hispanic/Latino
- 4. Black or African American
- 5. White
- 6. Native Hawaiian or other Pacific Islander

Migrant: (please circle one) Yes No

Siblings or other preschool age children living in the household:

Last Name	First Name	Birthdate M/D/YR	Male/Female

Please return to: NRHEG Public Schools  
Attn: Census Information  
NRHEG Public Schools  
306 Ash Ave. S.  
New Richland, MN 56072

Revision date: \_\_\_\_\_  
Revised by: \_\_\_\_\_

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 507-417-2605 or fill out this form or find it on the Community Education Website at <https://www.nrheg.k12.mn.us/Page/3091>

**What is ECFE?** Early Childhood Family Education (ECFE) is a NRHEG Public Schools program that provides parenting information and support to families whose children are birth to five years old (not yet enrolled in kindergarten). A variety of classes, pre-school options, and activities are offered for all age groups. Most ECFE classes follow a similar format: parent/child activity time followed by parent education time to discuss common concerns and experiences while their children participate in an early childhood classroom. School readiness skills and activities are an important part of all programming.



**What does a typical ECFE class include?**

**Parent-Child Activity Time:** Families explore a classroom filled with developmentally appropriate play materials and learning activities planned by a licensed early childhood teacher. These experiences foster a child's social, emotional, cognitive, physical, and language skills.

**Parent Education Time:** Parents meet with a licensed parent educator to share support, experiences, and information about child development and parenting techniques. Research on early brain development, parent-child relationships, child development, and guidance techniques are presented in ECFE classes.

**Children's Activity Time:** Children learn with the early childhood teacher and practice social skills as they interact with one another.

**Adventures In Parenting** This multi-age class focuses on a variety of family issues and activities. Topics covered in parent discussion time are determined through discussion of parent needs/interests, current research, and teacher suggestions including child development, school readiness, temperament, guiding behavior, and sibling relationships. During separation from parents, children interact with the Early Childhood staff and other children and typically have a snack, crafts, stories, music, and more time playing with peers. These classes are for preschoolers aged 2½ - 5 years old and their parents, grandparents, or caregivers.

**WINTER 2023 Session** Classes will be held in the evenings in the New Richland or Ellendale Preschool classrooms. **\$15 per family.** Class locations may rotate between Ellendale and New Richland depending on participants' preferences.

*Tuesday October 3<sup>rd</sup> our first class will be located in New Richland at the Secondary School in room #C115 at 5:45-7:15pm (enter southeast playground doors #2S). As a group, we will then pick an additional 6 days/times for the remainder of our classes based on our participant's schedules!*



**GRANDPARENT'S NIGHT** **Children Ages:** 2 ½ - 5 YEARS OLD

A special time for grandma and/or grandpa (or special grandparent-like friend) to spend time with their favorite preschooler! You will make a project, play a game, read a book, and eat a snack together while making each other feel extra-special, as usual!

**Cost:** \$5.00 per child      **Date:** Tuesday, Jan. 30      **Time:** 6:00-7:15pm.  
**Location:** New Richland School lower commons

## NRHEG Panther Preschool

NRHEG Community Education and our School Readiness Programs take pride in investing in our youngest learners and in preparing children and families for success in school.

NRHEG Panther Preschool provides programming designed to help early childhood learners prepare for Kindergarten! Our program is designed for all families. We have a total of two sites for you to choose from (New Richland or Ellendale) for our 3-5 year old students.

- \*\* Our three year old students have the option of 2 or 3 days per week in the morning (8-11am).
- \*\* Our four & five year old students have the option of 2, 3, or 4 days per week (mornings (8-11am) and/or afternoons (12:15-3:15pm).

For more information visit: <https://www.nrheg.k12.mn.us/domain/50> or call/email Macy at 507-417-2667 / [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)

## NRHEG School Age Care

Daycare for children ages 3 years - 5<sup>th</sup> grade.  
6:45-5:45pm Monday-Friday.

- \* All day care available for preschoolers in New Richland
- \* Before/After school care for Bridges/Kindergarten - 5<sup>th</sup> graders in the Ellendale and New Richland schools.
- \* Non-school day care located in New Richland and all summer!

- Also included...
- Kindergarten Readiness support
  - Homework help upon request
  - Fun recreational activities
  - Breakfast & snacks included
  - Arts & Crafts

Please call or email Rachel at 507-417-2626, [rpowell@nrheg.k12.mn.us](mailto:rpowell@nrheg.k12.mn.us) for more information! Pricing varies based on your hours needed per week. Visit our website at: [www.nrheg.k12.mn.us/Page/3214](http://www.nrheg.k12.mn.us/Page/3214)



# Ellendale Elementary School Information

## REMINDERS OF UPCOMING DATES & EVENTS:

### OCTOBER

19 & 20 - no school (MEA Break)

### NOVEMBER

6 & 7 - no school (teacher planning & staff development)

14 & 16 - Parent/Teacher Conferences

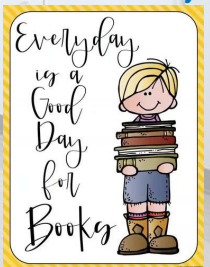
23 & 24 No School - Thanksgiving

### DECEMBER

4 - Winter Concert, 6:00pm for grades K-2, 7:30pm for grades 3-5

25- Jan. 1 No School, Winter break

Parents – Please take time to read to or with your student each day.



# School Age Care



AGES: 3 YEARS - 5th GRADE



STARTING

September 7<sup>th</sup> 2023

Hours: 6:45am- to 5:45pm Monday-Friday

New Richland & Ellendale Schools

\*All day care available for children ages 3-5 years old in New Richland (enrolled in Panther Preschool)

\* Before / After School care for B/K – 5<sup>th</sup> grade in Ellendale and New Richland Schools

Please call or email Rachel at [rpowell@nrheg.k12.mn.us](mailto:rpowell@nrheg.k12.mn.us) 507-417-2626 for more information

- \*Preschool aged Before & After-School all-day Care
- \*B/K-5<sup>th</sup> grade Before & After-School Care.
- \*Kindergarten Readiness Support
- \*Homework help upon request

- \*Fun-Recreational Activities
- \*Breakfast & Snacks Included
- \*Care on Non-School & Summer Days
- \*Arts & Crafts

Cost varies based on your hours needed per week visit our website at: [www.nrheg.k12.mn.us/Page/3214](http://www.nrheg.k12.mn.us/Page/3214)



# AFTER-SCHOOL LEGO® CLUB

Grades: 1-5

Calling all LEGO® Masters! We can't wait to see all your magnificent creations at LEGO® Club

## What is LEGO® Club?

Our LEGO® Club is all about sharing your ideas and creating new and fantastical creatures, vehicles, and structures. There will be time for imaginative creations along with individual and group challenges and contests to put your STEAM skills to the test!

**Fall Sessions dates:** Friday, October 13<sup>th</sup>  
Friday, November 3<sup>rd</sup> & 17<sup>th</sup>  
Thursday, December 14<sup>th</sup>

*Dates/times may be adjusted for the spring session based on popularity.*

**Time:** 3:15-4:30pm

**Cost:** \$5.00 per person for all 4 sessions

**Location:** Ellendale Media Center

**Register by:** Tuesday, Oct. 10



## Fall Napkin Luminaries

These fall napkin luminaries are easy to make and look so beautiful in your bedroom window, on your dresser, or atop your Thanksgiving table!

Thursday Oct. 12<sup>th</sup> 3:30-4:45pm. \$25 for 3-4 candle jars  
Location: Community Ed Office - Secondary Building, Room C113  
Ages: 2<sup>nd</sup> – 6<sup>th</sup> grade Register by: Friday, Sept. 29

## After-School Art Club "Paint Your Own Pottery"



This addition of Art club will be a 'paint your own pottery' class. You will have a variety of different sculptures to choose from to paint, and you get to bring it home the same day!

Grades 2-6<sup>th</sup> Cost: \$10.00  
Thurs., Nov. 9<sup>th</sup> 3:30-4:30pm

Location: Community Ed Room, NR Secondary School, C113  
Register by: Wednesday Oct. 25

# Girl Scouts.

Girl Scouts explore art in nature, design digital games, and change their communities. They build forever friendships, take on new adventures, and tell their stories to the world. **Girl Scouts know how to dream big and have fun!**



Scan the QR code or visit us online at [GirlScoutsRV.org/Join](http://GirlScoutsRV.org/Join)



PAID ADVERTISEMENT

# Home alone SAFETY For Kids!

Grades: 3-5  
Instructor: Macy

The school year is already upon us and that may mean your child will be home alone for an extended period of time until you get home from work or an outing. Whether left alone for an hour or a few hours a day, your child should feel comfortable being alone. This workshop for children will address several topics relating to being "Home Alone". You also get your own first aid kit to bring home with you!

**Date:** Friday, Sept. 29 **Time:** 3:15-5:15pm  
**Location:** Ellendale Media Center  
**Cost:** \$26 per student  
**Register by:** Thursday, Sept. 21

**Does your child get FREE and reduced lunches?**

If so, they qualify for DISCOUNTS on our classes! Stop into the Community Ed Office (C113 Secondary Building) today and fill out some paperwork!

Whether your child is shooting free throws every day or is brand new to the sport, you'll find what you need for your child in our basketball program!

# YOUTH BASKETBALL PROGRAM

Like & follow 'NRHEG BASKETBALL' on Facebook for up to date information for parents and athletes!  
Kickoff is Nov. 11<sup>th</sup> in the lower commons of the NRHEG High School.



Season runs November 2023 – March 2024

REGISTER using this QR Code!



\$50 youth scholarships for classes or activities available (see page 4)



# NRHEG Panther Cheer Camp



Learn a cheer and dance from Varsity Cheerleaders and perform at Halftime of the Homecoming Football Game!

Cheer Camp is open to students in grades 1-5. **Fee:** \$50 (includes 2 practices, the halftime performance, and a t-shirt)

**To Register:** Registration Deadline: Friday, Sept. 15th in order to receive a t-shirt. Register now using the Community Education Registration Form (and write in your child's t-shirt size) in this brochure or wait until the registration form comes home in your child's backpack after school begins - the sooner you register the better because the registration deadline will be enforced so t-shirts can be ordered (late registrations will not receive a t-shirt!)

**Practice Dates/Times:** practice times will be Wed. Sept 27 & Wed. Oct. 4<sup>th</sup> 3:30-5:30pm. Be dressed for physical activity, wear tennis shoes, and bring a water bottle and snack! The Halftime Performance will be at the NRHEG Homecoming football game. Please have your child at the gate to the track when there is 5 minutes left in the 2<sup>nd</sup> quarter of the game. Please wear your t-shirts!!



Please Note: Students will receive free admission to the football game. Family members will need to pay to get in.

Plymouth, MN

# Urban Air

## ADVENTURE PARK



Urban Air Adventure Park – Plymouth is the largest indoor amusement park in the Twin Cities’ west metro area with over 68,000 square feet of thrilling fun attractions. Height restrictions apply to some rides, please visit <https://www.urbanair.com/minnesota-plymouth/> for more information. **Platinum Package:** Includes ProZone Performance Trampolines, Battle Beam, Warrior Course, Tubes–Indoor Playground, Basic Trampolines, Dodgeball, Drop Zone, Slam Dunk, **Sky Rider Coaster, Ropes Course, Leap of Faith, Climbing Walls, Go-Karts**, 2 slices of pizza and a bottle of water! Your child must be 48” or taller to ride the bolded equipment above. We will be at the park from 10:00am to 1:00pm.

**Ages:** 2–6<sup>th</sup> Grade

**Cost:** \$40 per child. 48” or taller recommended for full use of ticket.

**Date:** Monday, Nov. 6<sup>th</sup> (non-school day)

**Time:** 7:35am–3:30pm (specific times below)

**Registration Deadline:** Mon. Oct. 23

Pick-up Locations:

NR Secondary School at 7:35am by door #1E  
Ellendale Elementary at 7:55am by door # 3

Return Locations:

Ellendale Elementary at 3:00pm by door # 3  
NR Secondary School at 3:25pm by door # 1E

*Please have you child arrive 5 minutes early and keep in mind return times are approximate and may fluctuate some due to traffic congestion.*

**Snacks are available for purchase on-site (food cannot be brought in). Please send additional money with your child (that they will be responsible for) for snacks during the day if they want.**

**\*\*Waivers MUST be completed and turned in before you child will be allowed on the bus. Waivers will be emailed to you or paper copies will be available for your child in the school offices or on the Community Education website at:**  
<https://www.nrheg.k12.mn.us/Page/2063>.

**\*\*Please be sure to include your child’s pick up & drop off location on your registration form when registering. Adult Volunteer Chaperones are welcome (Must pass a background check). If you are selected to be a chaperone your ticket and a ticket for one child will be complimentary. Please indicate on registration form if you would like to be a chaperone.**

**\*\*We need a minimum of 40 participants in order to run this youth bus trip**



## NRHEG CLAY TARGET TEAM

**Grades:** 6-12. Available in both fall and spring, this league is for students who have a valid gun safety certificate and have an interest in shooting sports. This is the fastest growing high school sport in MN! The State Class Championship represents the largest youth trap shoot in the nation and the MSHSL State Tournament is currently the only one of its kind in the nation.

**Fall League:** begins in mid-September and goes for 6 weeks with no state shoot at the end. It’s a great way for students to introduce themselves to the sport before the Spring League. Registration for the Fall League begins in August so being on the mailing list before school starts is very important. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 6-week season, the cost of league registration, a meal at our fun shoot, and a team shirt.

**Spring League:** involves weekly shoots one night per week starting the first week of April and going through the MSHSL State Tournament in late June. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 10-week season, the cost of league registration, state shoot registration, a meal at our fun shoot, and a team shirt.

**All students provide their own firearms, ammunition, and safety gear. Students from neighboring school districts without a team or who are home schooled are also welcome to join us!**

**For more information contact Dan Sorum at 507-417-2627 or email him at [dsorum@nrheg.k12.mn.us](mailto:dsorum@nrheg.k12.mn.us). If you wish to be placed on the team mailing list email Mr. Sorum your contact information ahead of time.**

ALL FEES need to be sent to Mr. Sorum (306 Ash Ave. South, New Richland, MN 56072) with checks made out to NRHEG Community Ed. with Clay Target in the memo. Registration is set in January so getting on the mailing list is important for up to date information.

## Parent's Supplemental Course

For students enrolled in Driver's Education

If you are the "primary driving supervisor" who will supervise a teen driver for the majority of their required driving hours, you will benefit from this 90 minute class. Effective January 1<sup>st</sup> 2016, every driver under the age of 18 who completes behind the wheel instruction and is testing for a provisional driver's license must submit a driving log.

Parent/guardians have two options regarding the supervised driving log:

1. Complete this supplemental parent class and then submit a supervised driving log showing their teen has completed at least 40 hours (2,400 minutes) of supervised driving, 15 (900 minutes) of which are night time hours
2. If the parent/guardian chooses to not complete this supplemental parent class, the driving log must show that their teen has completed at least 50 hours (3,000 minutes) of supervised driving, 15 (900 minutes) of which are night time hours.

This course will cover the graduated driving license law information, safety risks for teen drivers, potential adult influence on teen driving behavior, and additional resources.

**THIS CLASS IS NOT MANDATORY.**

Class dates and information will be announced during the classroom portion of Driver's Ed. *Flyers will be sent home with your student.*

## DRIVER'S EDUCATION



Classroom instruction for Driver's Education will be held during the two weeks in between fall and winter sports (end of October / beginning of November) for those eligible for Driver's Education this year.

Classes are held in New Richland.

Students will receive information in the mail.

## NRHEG Food Service 2023-24

On March 17, 2023, Governor Walz signed the MN Free School Meals bill into law. The MN Free School Meals Program is a permanent program that provides state reimbursement to schools that participate in the National School Lunch Program and the School Breakfast Program. This means that all students will receive one breakfast and one lunch at no cost. Please note that full meals are free but seconds, a la carte items or an extra milk will still be charged to the family account.

It is still important for families to complete the Application for Educational Benefits (Free and Reduced Forms). Applications for Educational Benefits determine how much funding our school receives for educational programs. Students and families may also qualify for other program fee reductions based on their eligibility.

You can [apply online](#) in the JMC Parent Portal  
Click "Registration for 23-24"  
Click "Application for Educational Benefits"

OR

Complete an Application for Educational Benefits [paper copy and return it to school.](#)

You can pick these up at school or print a copy from the NRHEG website under "FoodService/Nutrition"

SUNDAYS

# OPEN GYM

### SCHEDULE

E.O. Sunday Jan - March  
2:00-4:00pm

### FEE

Daily Admission: \$1.00

### New Richland

Jan. 14 Feb. 11  
March 10 April 7

### Ellendale

Jan. 28. Feb. 25  
March 24

### EQUIPMENT AVAILABLE:

Basketballs  
Kickballs & bases  
Misc. equipment



*\*\*Additional days may be added based on popularity\*\**

*Children under the ages of 8 years must be accompanied by a responsible adult/older sibling. NO STREET SHOES (tennis shoes only). Enter door #6 in New Richland & Door # 8 in Ellendale to sign in*

# SECONDARY SCHOOL INFORMATION

## REMINDERS OF UPCOMING DATES & EVENTS

### OCTOBER

2<sup>nd</sup> Homecoming Coronation in HS gym at 7:30pm

6<sup>th</sup> Homecoming Game at 7pm versus WEM

10<sup>th</sup> Parent/Teacher Conferences, 4-8pm

19 & 20 No school, MEA break

27<sup>th</sup> Marching Band Indoor Concert in the HS gym



### NOVEMBER

6 & 7 - no school (teacher planning & staff development)

23 & 24 No School - Thanksgiving



### DECEMBER

11<sup>th</sup> Jr. High Band & Choir Winter Music Concert 6:30pm

11<sup>th</sup> Senior high Band & Choir Winter Music Concert 7:30pm



## WINTER SPORTS



Information for 7-12<sup>TH</sup> Grade Students

BOYS BASKETBALL

GIRLS BASKETBALL

WRESTLING

SIDELINE CHEER

BOYS/GIRLS HOCKEY (co-op with Waseca)

GYMNASTICS (co-op with Waseca)

DANCE (co-op with Albert Lea)

Registration information will be sent out through JMC email for all 9-12<sup>th</sup> grade families the end of September. Watch for more details and this email soon!

More information can be found at:  
<https://www.nrheg.k12.mn.us/domain/732>



Join us for the walking program in the New Richland or Ellendale building!



Indoor Walking

You will need a Panther walking badge, which must be worn while walking. They can be picked up when you register at the Ellendale or the New Richland School District Office or call 507-417-2667.

**Time:** 6:45-7:30am and/or 3:30-7:30pm

**Dates:** Only available on school-days

**Cost:** \$5 per person each year to join regardless of when registering.



All Ages Welcome

Schedules could vary each week dependent upon Ellendale & New Richland gym availability and participants' schedules. Please join our Facebook group. **"NRHEG Pickup Basketball"**

to find the times/dates/locations each week. We typically play Wednesday evenings and Sunday mid-day! Feel free to bring your own basketballs!

**Cost:** \$3 at the door for Sundays. **Wednesday evenings are free!**  
**Leader:** Aaron Sarvey

**POWER HOUR**



Adult Fitness  
Classes with Emily Schultz

**TOTAL BODY**  
FITNESS

**MONDAYS - WEDNESDAYS - FRIDAYS 5:00AM TO 6:00AM**  
LOCATION: NR Secondary School weight room, enter through door #17

**ALL FITNESS LEVELS ARE WELCOME!** Join Emily for a unique & customized group workout experience! She understands that every person is unique and every goal is personal, so by working together we can build healthy, happy people! Our unique personalized workout classes offer a wide variety of movements, routines, and challenges based on the strengths of the coach, the equipment available to us and the spaces we are provided. This is a truly customized group fitness class that offers multiple workout options 3 days a week so eventually you will discover multiple options/pathways within each of our workouts to help you achieve your goals!

**Session 2** Dates: Sept. 6 – Oct. 27 \$75 per person / 8-weeks

**Session 3** Dates: Oct. 30 – Dec. 29 \$85 per person / 9-weeks

**Session 4** Dates: Jan. 3 – March 1 \$85 per person / 9-weeks

**Session 5** Dates: March 4 – April 26 \$75 per person / 8-weeks

**OPEN GYM**  
Sundays

**SCHEDULE**

E.O. Sunday January – March.  
2:00-4:00pm

**FEES**

Daily Admission = \$1.00

**New Richland**

Jan. 14  
Feb. 11  
March 10  
April 7

**Ellendale**

Jan. 28  
Feb. 25  
March 24

**EQUIPMENT AVAILABLE:**

Basketballs  
Kickballs & bases  
Misc. equipment

*\*\*Additional days may be added based on popularity\*\**

*Children under the ages of 8 years must be accompanied by a responsible adult or older sibling. NO STREET SHOES (tennis shoes only). Enter door #6 in New Richland & Door #8 in Ellendale to sign in*

**Stay Active & Independent for Life**

Do you wish you could improve your strength, balance and flexibility?  
Do you want to decrease your risk of falling?  
This free exercise program is for you.



**Stay Active & Independent for Life (SAIL)** is an evidence-based exercise program proven to prevent falls and improve health and well-being.

Designed for older adults, SAIL classes include strength, balance, flexibility and moderate aerobic training. Performing exercises that improve strength, balance and fitness are the most important activity that adults can do to stay active and independent. Exercises can be performed seated or standing.

**NEW RICHLAND**

EVERY WEDNESDAY AND FRIDAY  
9:00 – 10:00 A.M.

**TRINITY LUTHERAN CHURCH**  
204 FIRST STREET NW

Walk-in Registration  
This is a FREE program



Contact Marlene with questions or to pre-register:  
507.450.1518  
mlvine@ccsommn.org





With phenomenal music, memorable characters and great storytelling, *Jersey Boys* follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Winner of Best Musical at both the Tony Awards and Oliver Awards, *Jersey Boys*

takes you behind the music of Frankie Valli and The Four Seasons to discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. Experience electrifying performances of chart-topping hits including "Sherry," "Big Girls Don't Cry," "Can't Take My Eyes Off You," "Dawn," and "My Eyes Adored You" which brought The Four Seasons the highest honor: induction into the Rock'n' Roll Hall of Fame.

This fantastic trip includes a coach bus pick up from New Richland (9:00am) and Ellendale (9:15am) school parking lots, a lunch served at 11:30am, and tickets to see the *JERSEY BOYS* (1:00pm show time) at the Chanhassen Dinner Theatre in Chanhassen on Saturday, December 9<sup>th</sup> 2023.

Your entrée selection will be made at the Theatre.

- \*Lunches includes warm bread & butter, coffee, tea or milk.
- \* Soft drinks, alcohol, appetizers, entrée upgrades and desserts are available for purchase at your table.

Lunch seating will be from 11:00-11:30am and the show will begin at 1:00pm. *Jersey Boys* is 2 hours and 40 minutes, including one 20-minute intermission.

**Pick up times:** New Richland Secondary School parking lot (east parking lot) at 9:00am and the Ellendale School north parking lot at 9:15am. Please arrive 5-10 minutes early to ensure adequate time to load. We will return to Ellendale approx. 5:15pm and New Richland at 5:30pm.

**Registration deadline:** Thursday, Nov. 2<sup>nd</sup>

**Cost:** \$109 per person

**Pick up location:** Please write on your registration form where you would like to be picked up (New Richland or Ellendale)

*\*\*We need a minimum of 25 participants to run this adult bus trip*

*\*\* If you have mobility restrictions or special dietary requirements, please contact Macy directly at 507-417-2667*



**NEW RICHLAND AMBULANCE**  
COMMUNITY EDUCATION & TRAINING

**OFFERS THE FOLLOWING COURSE:**



**American Heart Association**

**CPR & First Aid**



\$65 Per Person

Sun. Oct. 22, 1-4pm.      Wed. Dec. 6, 6-10pm  
Sun. Nov. 5, 1-4pm.      Sat. Dec. 16, 8am-12pm

Class held at City Hall

REGISTER ONLINE!

➔

[www.cityofnewrichlandmn.com](http://www.cityofnewrichlandmn.com)

Click on "CPR Training Registration"



**CPR TRAINING**

**Get certified. Save a life. You'll be glad you did.**

### Women, Wealth and Wisdom

Attend this FREE workshop to hear stories about six women who have figured out a few things about money - and enriched their lives in ways that are about more than money.

**Date:** Monday, Oct. 16.      **Time:** 6:00-7:00pm  
**Location:** Waseca, MN Central Building Room 108  
**To Register:** Call Waseca Community Education at 835-5626

### Medicare: Learn Medicare Basics & How To Enroll

Sifting through the piles of mailers or searching for Medicare answers on the internet can be overwhelming. Join us to learn all about Medicare and find answers to your questions. These seminars are for educational purposes only. No sales activity will be conducted.

**Date:** Monday, November 13.      **Time:** 6:00-7:00pm  
**Location:** Waseca, MN Central Building Room 108  
**To Register:** Call Waseca Community Education at 835-5626

### Social Security: Timing is Everything

Social Security is a vital income source for many retirees. But it can be a confusing topic, and making the most of it can have a lot to do with timing it right. Get answers to questions and learn what Social Security can mean for you. No sales activity will be conducted.

**Date:** Monday, Oct. 9      **Time:** 6:00-7:00pm  
**Location:** Waseca, MN Central Building Room 108  
**To Register:** Call Waseca Community Education at 835-5626

or...

**Date:** Monday, December 11      **Time:** 6:00-7:00pm  
**Location:** Waseca, MN Central Building Room 108  
**To Register:** Call Waseca Community Education at 835-5626



**NEW RICHLAND** MINNESOTA 13

**COMMERCIAL CLUB**

Putting Business in Touch with Community

MINNESOTA 30

EST. 1956

## New Richland Commercial Club Events

**November 11<sup>TH</sup>** : Turkey Bingo at the City Hall.  
Starts at 7:00pm



**November 25<sup>TH</sup>** : Shop Local Small Business Saturday. Check out all the holiday deals at your local small businesses!

**December 2<sup>nd</sup>** : Cookies with Santa is at the NRHEG Secondary School, 9:30-12:00PM. Take your picture with Santa & Mrs. Claus anytime from 10am-11:30am..... Bring Your Cameras!

**FALL** into Ellendale

Saturday October 7<sup>th</sup>  
10:00-3:00 on Main Street!



## Day With Santa

**Saturday, December 9<sup>th</sup>**

Time: To Be Announced  
(watch for signs and time!)

To find more events be sure to...  
Like & Follow "City of Ellendale Minnesota"



**Do you have a talent or hobby that you would like to share with others?**

**PLEASE** consider joining Community Education's Instructors and get paid for doing what you love!

**Possible classes of interest include:**

- Painting
- Drawing/sketching
- Cooking/Baking
- Technology (smart-phone, social media)
- Pickle Ball
- Yoga
- Self-defense
- Arts & craft classes
- Barn Quilts

Please call Macy at 417-2667 for more information!



## Bus Drivers Needed

**FLEXIBLE SCHEDULING IS AVAILABLE.**

Morning routes, afternoon routes, morning and afternoon routes, evening routes, spring routes, fall routes, winter routes, summer routes, van routes, bus routes...

*We can make any schedule work!!*

Regular routes typically average 2 hours from start to finish.

Evening routes can run as long as 6 hours.

A great way to supplement your income as much or as little as you want.

**TRAINING IS AVAILABLE**

Don't be frightened away!

We will provide training for new drivers and make sure you are comfortable and confident behind the wheel.

We believe in working together as a team and helping each other out in any way that we can.

*Come talk to us to learn more about how we can help you become a school bus driver!*

**BENEFITS AVAILABLE**

- Competitive hourly pay
- Free NRHEG Activity Pass
- Flexible scheduling

Take your students to work, eliminate childcare expenses  
Supplemental income

Giving back to our schools and our communities  
Working with some pretty awesome people!

*It's a*  
**Bus Driver**  
*what's your*  
**super power**

**NRHEG**



Have questions? Need more information?

Talk to any bus driver or call Karla at 507.417.2605 or Mike at 507.417.2602

# COMMUNITY EDUCATION REGISTRATION FORM

*1 registration form per child please*

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work: \_\_\_\_\_  
*(email is NECESSARY for updates and notifications of class info.)*

1. Class/Activity: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Fee: \_\_\_\_\_

2. Class/Activity: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Fee: \_\_\_\_\_

3. Class/Activity: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Fee: \_\_\_\_\_

How will your child be getting home after class/activity is complete(who will pick up)? \_\_\_\_\_

Where will my child be picked up & dropped off at (bus trips only)? \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \_\_\_\_\_ CHECK #(s) \_\_\_\_\_ *Checks payable to: Community Ed*

**\*\*\* Field trips will require an additional form & waiver to fill out - located in a school office or on our website.**

## PARTICIPANT EMERGENCY CONTACT INFORMATION

STUDENT GRADE: \_\_\_\_\_ AGE: \_\_\_\_\_ ALLERGIES: \_\_\_\_\_

PERTINENT MEDICAL INFORMATION : \_\_\_\_\_

1. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

2. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

**RETURN FORM TO:**  
NRHEG Community Education  
306 Ash Ave. South  
New Richland, MN 56072

**MAKE CHECKS PAYABLE TO:**  
NRHEG Community Education. Please  
send separate checks for sports/trips &  
enrichment classes.

You will be registered when the payment  
is received. If the class is cancelled, all  
checks will be returned or shredded.

# COMMUNITY ED. REGISTRATION POLICIES

## REGISTRATION INFORMATION

- \*Prompt registration is encouraged as space is limited and classes may fill quickly. Additional class times may be added if needed.
- \*Classes without enough participants will be cancelled
- \*Classes are filled on a first-come, first-served basis. Waiting lists will be formed once classes are full.
- \*Confirmations of class registrations are NOT sent. Please assume you are registered unless otherwise notified.
- \*At this time phone and email registrations cannot be accepted. Please register via mail or in person. Include fee payment with registration form, as registrations will not be taken without payment

## REGISTRATION FEES

\*Fees for ALL activities are due at time of registration. Please register by the deadline. Make checks payable to NRHEG Community Education. Please use a separate check for each activity & put the name of the class in the memo line.

## TRANSPORTATION

\*Parents are responsible for their student's transportation unless noted otherwise. When picking up your student from class, please be prompt, as additional supervision is not provided.



NRHEG Public School District #2168  
Community Education  
Macy Whiteside, Director  
<https://www.nrheg.k12.mn.us/domain/49>  
507-417-2667  
[mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)

## CANCELLATIONS

\*In the event of school cancellation (late start, early out, or all day) classes/activities scheduled during this time will be cancelled. All programs that are cancelled or partially cancelled due to the weather will be attempted to be made up at the convenience of the instructor and facility schedules. No refunds will be given on classes that are cancelled or partially cancelled due to the weather.

## SCHOLARSHIP INFORMATION

\*Families who qualify for the free/reduced price meal program may receive a reduction in class fees. Families may call NRHEG Community Ed to determine if they meet the criteria.

South Country Health Alliance (SCHA) members may take up to \$15 discount per class on most classes, limit of 5 discounted classes per year. If a class is less than \$15, the member may take the class free of charge. Members must be on SCHA at the time of registration, and through the duration of the class(es). Members must register in person I the Community Ed office and show SCHA card at the time of registration.



## REFUNDS

\*If a class is cancelled due to low enrollment, fees are refunded or credited to your account. No refunds will be given 72 hours prior to class start date. Refunds will not be made after the first class meeting. Bus trips are non-refundable after the registration deadline and some classes may be non-refundable due to registration requirements.

\*In the event that a class is filled or cancelled, you will receive a cancellation notice by mail, email, or telephone – your registration fee will be refunded.

## PHOTOGRAPHY DATA

\*Candid photos of participants in class or an activity may be used in NRHEG media and publications. You may decline authorization by contacting the Community Education Office at 417-2667

Does your child get FREE and reduced lunches? If so, they qualify for DISCOUNTS on our classes! Stop into the Community Ed Office (C113 Secondary Building) or email [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us) today and fill out some paperwork!



NRHEG School District 2168  
306 Ash Ave. South  
New Richland, MN 56072

Non-Profit Organization  
U.S. Postage Paid  
Permit No. 1  
New Richland, MN 56072

Postal Customer



# NRHEG COMMUNITY EDUCATION

2023-2024 District Brochure



## School 2023-2024 Office Hours:

*District Office: School year: Monday-Friday 7:30-4:00pm.*

*Elementary School Office: School year: Monday-Friday 7:30-4:00pm*

*Community Education: School year: Monday-Friday 7:30-3:30pm (new location: C113)*

*\*contact District Office if CE Office is unavailable/closed*